Written by John Crumlish
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2012 German Olympic team alternate Lisa-Katharina Hill spoke to IG this week, sharing her perspective on her past accomplishments and her plans for the new Olympic cycle.

Overcoming her disappointment of her alternate status on the German team at this summer's Olympic Games in London, veteran gymnast **Lisa-Katharina Hill** is making the most of the international opportunities that face her as she heads toward 2013.

Hill placed third all-around at the Arthur Gander Memorial held Nov. 1 in Chiasso, Switzerland. Later this month she is slated to compete in the small premiere league final for her Grossburgwedel team in Berlin, and in December she will take part in the DTB-Pokal team competition in Stuttgart.

Hill helped Germany place 14th at the 2010 World Championships in Rotterdam and sixth at the 2011 Worlds in Tokyo. In German national all-around championships, she was second in 2010, sixth in 2011 and fifth in 2012. Hill placed fourth all-around at the second German Olympic team qualification meet, but was named alternate on the German squad that finished ninth in London.

In this IG Online interview, the 19-year-old Hill shared her perspective on her past accomplishments and her plans for the new Olympic cycle.

IG: Congratulations on your solid performance at the Arthur Gander Memorial. What was it like for you to get back into the feel of major competition since the Olympic Games?

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